Treasury of Catholic Prayers



LARGE PRINT EDITION

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DAILY PRAYERS



Morning Prayers

The Sign of the Cross

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

The Morning Offering

O Jesus, through the Immaculate Heart of Mary, I offer you all my prayers, works, joys, and sufferings of this day, for the intentions of your Sacred Heart, in union with the holy Sacrifice of the Mass throughout the world, in reparation for my sins, for the intentions of my loved ones, and for the general intention recommended this month by the Holy Father.

Adoration and Praise

I adore you, my God, and I love you with all my heart. I thank you for having created me, made me a Christian, and sustained me through the night. I offer you my actions of this day: grant that they all may be according to your holy will and for your greater glory. Preserve me from sin and all evil

today. May your grace be always with me and with all whom I love. Amen.

The Angelus

- W. The angel of the Lord declared unto Mary.
- R. And she conceived of the Holy Spirit.

Hail Mary . . .

- W. "Behold the handmaid of the Lord.
- R. "Be it done unto me according to your word."

Hail Mary . . .

- W. And the Word was made flesh.
- R. And dwelt among us.

Hail Mary . . .

- W. Pray for us, O holy Mother of God.
- R. That we may be made worthy of the promises of Christ.

Let us pray.

Pour forth, we beseech you, O Lord, your grace into our hearts: that we, to whom the Incarnation of Christ, your Son, was made known by the message of an Angel, may by his Passion and Cross be

brought to the glory of his Resurrection. Through the same Christ our Lord. Amen.

Glory be to the Father . . .

The Regina Caeli

(Prayed during the Easter Season instead of the Angelus.)

Queen of heaven rejoice, alleluia.

For Christ, your Son and Son of God,

has risen as he said, alleluia.

Pray to God for us, alleluia.

W. Rejoice and be glad, O Virgin Mary, alleluia.

R. For the Lord has truly risen, alleluia.

Let us pray.

God of life,

you have given joy to the world

by the resurrection of your Son, our Lord Jesus Christ.

Through the prayers of his Mother, the Virgin Mary,

bring us to the happiness of eternal life.

We ask this through Christ our Lord. Amen.

The Lord's Prayer

Our Father, who art in heaven, hallowed be thy name; thy kingdom come; thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses, as we forgive those who trespass against us, and lead us not into temptation, but deliver us from evil. Amen.

Hail Mary

Hail Mary, full of grace, the Lord is with you. Blessed are you among women, and blessed is the fruit of your womb, Jesus. Holy Mary, Mother of God, pray for us sinners, now and at the hour of our death. Amen.

Glory

Glory to the Father, and to the Son, and to the Holy Spirit,

as it was in the beginning, is now, and will be forever. Amen.

An Act of Faith

O my God, I firmly believe that you are one God in three divine Persons: Father, Son, and Holy Spirit; I believe that your divine Son became man and died for our sins, and that he will come to judge the living and the dead. I believe these and all the truths which the holy Catholic Church teaches, because you have revealed them, who can neither deceive nor be deceived.

An Act of Hope

O my God, relying on your infinite goodness and promises, I hope to obtain pardon of my sins, the help of your grace, and life everlasting, through the merits of Jesus Christ, my Lord and Redeemer.

An Act of Love

O my God, I love you above all things, with my whole heart and soul, because you are all-good and worthy of all love. I love my neighbor as myself for the love of you. I forgive all who have injured me, and I ask pardon of all whom I have injured.

Prayer of Entrustment

Dear and loving Mother Mary, keep your hand upon me this day; guard my mind, my heart, and my senses, that I may not commit sin.

Make my thoughts, affections, words, and actions holy, so that I may be pleasing to you and to your divine Son, Jesus, and attain heaven with you.

Jesus and Mary, give me your holy blessing:

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

Evening Prayers

Adoration and Praise

I adore you, my God, and I love you with all my heart. I thank you for having created me, made me a Christian, and sustained me throughout this day. Forgive me my failings and sins, and accept whatever good I may have done today. Take care of me while I sleep and deliver me from all danger. May your grace be with me always and with all whom I love. Amen.

Trust in God's Mercy

(Psalm 103)

Bless the Lord, my soul;
all my being,
bless his holy name.
Bless the Lord, my soul,
and let not all his kindnesses be forgotten:
he forgives all your guilt;
he heals all your infirmities;
he rescues your life from the grave;

he crowns you with loving kindness and tender mercy;

he bestows fulfilling goodness upon your years. . . .

The LORD is compassionate and gracious, slow to anger and rich in loving kindness.

Glory to the Father . . .

For a selection of other psalms, see pages 79–87.

Examination of Conscience

Take a few moments for a brief examination of conscience (see p. 121). Reflect on the ways God acted in your life today, how you responded to his invitations to think, speak, and act in a more Christ-like manner, and in what ways you would like to be a more faithful disciple tomorrow. Conclude with An Act of Contrition (p. 127).

The Lord Is My Shepherd

(Psalm 23)

The LORD is my shepherd; nothing do I want. He makes me lie down in verdant pastures, he guides me along soothing streams.

He refreshes my soul.

He leads me along paths of righteousness

for the sake of his name.

Even though I walk in the dark valley I fear no evil,

because you are with me.

Your rod and your staff give me courage.

You spread the table before me in the face of my foes; you have anointed my head with oil; my cup overflows.

May only contentment and loving kindness be with me all the days of my life, and may I dwell in the house of the LORD for years to come.

Glory to the Father . . .

For a selection of other psalms, see pages 79-87.

Abide with Me

Abide with me.
Fast falls the eventide;
the darkness deepens.
Lord with me, abide.
When other helpers fail,
and comforts flee,

Help of the helpless, O, abide with me. Swift to its close ebbs out life's little day. Earth's joys grow dim, its glories pass away. Change and decay in all around, I see; O thou who changest not, abide with me. Hold thou thy cross before my closing eyes. Shine through the gloom, and point me to the skies. Heaven's morning breaks, and earth's vain shadows flee. In life, in death, O Lord, abide with me.

Prayer for the Gift of Sleep

Lord, gift me with swift sleep, the gentle quiet of dream-filled rest. Now, this tiresome day behind, send your Spirit to calm a weary mind. All hours are blessed by the Lord. All hours blessed by you. Grant me a few more tomorrows to do your will. Amen.

Hail, Holy Queen

Hail, holy Queen, Mother of mercy, our life, our sweetness, and our hope! To you we cry, poor banished children of Eve; to you we send up our sighs, mourning, and weeping in this valley of tears. Turn then, most gracious advocate, your eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of your womb, Jesus. O clement, O loving, O sweet Virgin Mary.

For the Faithful Departed

Eternal rest grant to them, Lord, and let perpetual light shine upon them.

May they rest in peace. Amen.

Invocation for a Holy Death

Jesus, Mary, and Joseph, I give you my heart and my soul.

Jesus, Mary, and Joseph, assist me in the hour of my death.

Jesus, Mary, and Joseph, let me die in peace with you.

Blessings for Meals

Grace before Meals

Bless us, O Lord, and these your gifts, which we are about to receive from your bounty, through Christ our Lord. Amen.



Good and gracious God, nourish our bodies with this food, our hearts with your love, and our spirits with your truth, through Christ our Lord. Amen.

Grace after Meals

We give you thanks for all your gifts, O loving God, you who live and reign forever. Amen.



Heavenly Father, we thank you for the food we have received through your goodness. Keep us mindful of all the blessings that come into our lives from you, and give us grateful hearts so that we may be blessings to others. Amen.