

Basic Prayers



in my pocket



Jesus, let me spend this
new day with you and your
Mother.



Morning Prayers

I am awake now, Jesus. Thank you for this new day! I begin my prayers:

In the name of the Father, and of the Son, and of the Holy Spirit. Amen.

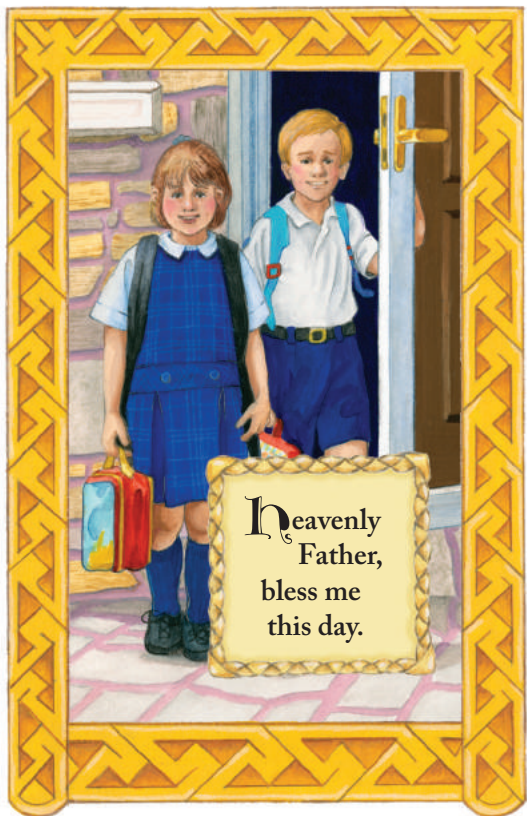
I adore you, my God. I love you with all my heart. Thank you for having created me and made me a Christian. Thank you for having kept me safe this night.

Today I want to please you, Lord. I want to be all yours.

Keep me from sin, Jesus.

Bless my father and my mother. Bless everyone in my family. Bless all my friends. Amen.





*Now with you, dear Jesus, I will say
the prayer that you taught the Apostles:*

Our Father

Our Father, who art in heaven, hallowed be thy name. Thy kingdom come. Thy will be done on earth as it is in heaven. Give us this day our daily bread, and forgive us our trespasses as we forgive those who trespass against us. And lead us not into temptation; but deliver us from evil. Amen.



Thank you, Jesus,
for this good day.



Night Prayers

Jesus, I started my day with you and I want to end it with you. I want to thank you for your love and goodness to me today.

I Adore You

I adore you, my God. I love you with all my heart. Thank you for the good things you helped me to do today! (*Remember some of these good things.*) I may have done some wrong things, too. I am sorry for them. I know that you forgive me. Take care of me while I sleep, Lord. Please bless me and all those I love. Amen.

Meal Prayers

Blessing Before Meals

Bless us, O Lord, and these your gifts, which we are about to receive from your bounty, through Christ our Lord. Amen.

Try to eat all your food without being picky. Remember that many people in the world do not have enough food to eat.

Blessing After Meals

We give you thanks for all your benefits, Almighty God, who live and reign for ever; and may the souls of the faithful departed, through the mercy of God, rest in peace. Amen.



“Bless us, O Lord ...”