

We Adore Jesus Who Promises Living Water

We Gather to Pray

At Sunday Mass, our whole parish family comes together. We hear God's Word and we join in Jesus' offering. Jesus even gives us his own Body as our Bread of Life! Now we come back to Jesus for more! We open our minds to God's message. We open our hearts to God's goodness. Our time of adoration helps us pray the Mass better.

Opening Prayer

I believe, my God, that you are here.
I love you!
You are great and holy.
I adore you!
You have given me every good thing I have.
Thank you very much!
I am happy to have this time with you.

Think about what you and Jesus are going to say to each other. Whom do you want to pray for? What blessings do you hope Jesus will send to the world through your prayer? How do you want to listen to Jesus today?

Prayer for Listening

I am so glad to be with you, Jesus! You are happy to welcome me here. You have words of everlasting life for me, and I want to listen. I give you all my worries and needs, so they do not stop me from hearing you. Please open my mind and my heart to your Holy Spirit.



Jesus Our Truth

Jesus teaches us. We welcome God's Word.

We are going to listen to God's Word in the Bible. First, let's picture the place. It is a town called Sychar. Sychar was a dry place. It hardly ever rained. The only water was deep underground. If you needed water, you had to get it with a bucket from the well. It was the only way. You could only get one bucket of water at a time. What a lot of work! And the water didn't even taste good! Can you imagine how important water must be for people in a town like Sychar?

A reading from the holy Gospel according to John (4:4-10, 15-19, 25-30, 39-42)

[This time] Jesus had to go through Samaria, and on his way he came to the town of Sychar. It was near the field that Jacob had long ago given to his son Joseph. The well that Jacob had dug was still there, and Jesus sat down beside it because he was tired from traveling. It was noon,



and after Jesus' disciples had gone into town to buy some food, a Samaritan woman came to draw water from the well. Jesus asked her, "Would you please give me a drink of water?"

"You are a Jew," she replied, "and I am a Samaritan woman. How can you ask me for a drink of water when Jews and Samaritans won't have anything to do with each other?"

Jesus answered, "You don't know what God wants to give you, and you don't know who is asking you for a drink. If you did, you would ask me for the water that gives life."

The woman replied, "Sir, please give me a drink of that water! Then I won't get thirsty and have to come to this well again."

Jesus told her, "Go and bring your husband."

The woman answered, "I don't have a husband."

"That's right," Jesus replied, "you're telling the truth. You don't have a husband. You have already been married five times, and the man you are now living with isn't your husband."

The woman said, "Sir, I can see that you are a prophet. I know that the Messiah will come. He is the one we call Christ. When he comes, he will explain everything to us."

"I am that one," Jesus told her, "and I am speaking to you now."

The disciples returned about this time and were surprised to find Jesus talking with a woman. But none of